



# SITE

Supported Integration Training and Employment

## **SITE eNewsletter February 2017 Issue 87**

In this issue of your eNewsletter read about X-Men, perfume and a new braille device!

If you have any comments, contributions welcome, just send these to [info@sitescotland.org](mailto:info@sitescotland.org)

Visit the [SITE website](#) for all your information needs and why not join us on Facebook and Twitter to keep up to date on all the news you need to stay ahead.

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Section 1: News Update

Rail Awareness Day

A Rail Awareness open Day has been arranged for 29 March 2017 at Glasgow Central Station from 1230 - 1430.

Rail Awareness Open Day is an information event to promote what ScotRail does to support potential and existing rail users with reduced mobility or simply those who need assistance with their journey.

It provides a learning opportunity to those with reduced mobility on the level of service available and the support they can receive from ScotRail when planning and undertaking their journey by rail.

ScotRail want more people with reduced mobility to be using the railway and see trains as their preferred mode of transport but want to make sure that the customers know what we can and what we cannot provide thereby managing their expectations. The event is open to all – including parents with young disabled children, older people with disabilities, elderly customers, carers and companions of people with reduced mobility.

On the day the attendees will try out a train.

To register your interest visit <http://www.scotrail.co.uk/plan-your-journey/accessible-travel/rail-awareness-open-days>

Meet India's visually impaired perfumers

India has few employment opportunities for its blind population.

However, a private firm is now training them to work in perfume and fragrance companies, using their sense of smell.

[Read full story.](#)

National Eye Health Week 2017

Eye Health UK announced that National Eye Health Week (NEHW) 2017 will take place 18 – 24 September.

[Read full story.](#)

Managing and preventing diabetes.

There are now over four million people in the U K with diabetes.

Diabetes can lead to many complications, including sight loss.

What is the difference between Type 1 and Type 2 diabetes?

Type 1 diabetes is where your pancreas doesn't produce any insulin, and that means that you have really high levels of blood glucose.

Type 2 diabetes is where your pancreas may produce some insulin, but perhaps not as much as it used to. Your organs aren't able to take up the insulin effectively. This can be linked to being overweight and having fat around your organs, like your liver and your pancreas.

[Read full story.](#)

New play guide launched.

A new play guide has launched to help parents, teachers and carers of children with a vision impairment get the most out of playtimes.

"Let's Play" provides practical help and advice to help you create safe and fun spaces to help them develop and explore their senses.

Karen Newell, mum to vision impaired Fred and co-author of the guide, explained more about the chapter on the importance of representative toys.

"If you don't see yourself in toys, then it's truly excluding you. Seeing a toy with glasses or a guide dog can really help you grow your positive self-esteem. Through 'Toy Like Me', we're campaigning for toy manufacturers to create more interesting and representative toys."

[Download Let's Play here.](#)

For Sale

Description:

iMac late 2010, 21.5inch,  
core i3 cpu, 12gb ram (upgraded from 4gb stock), 500gb hard drive.  
comes with the latest os installed.

it comes in its original box with the original wireless keyboard and mouse.

Contact Martin Robson [martin@mwrhosting.com](mailto:martin@mwrhosting.com)

Section 2: Tech Talk

Braille Touch - Review by Ian Cooper

10 years ago asking someone what tablet they used, would probably have resulted in an answer of paracetamol or Aspirin. But now we are looking at Apple iPads, Windows Surface and Google tablets. Each with a staggering array of tools that can help you to; talk to friends or family, all over the world, do your shopping or write the next best seller'.

I have been a tablet user for the last 6 years but have never thought I'd ever get to grips with an ANDROID tablet ', that was until last year when Humanware developed their BrailleNote Touch. This purpose built tablet incorporates a Braille keyboard with a 32 cell display on an Android tablet; there is also an 18 cell device

[Read the full review here.](#)

SITE Apps club On FaceBook

Did you know that the SITE apps club has it's own group on Facebook.

To become a member search for 'SiteAppsClub' on Facebook and send a request to join the group.

The group is an ideal platform to discuss the latest in accessible apps, recommend apps and suggest apps to be reviewed.

X-Men device Developed To help Blind People 'See'

Move over white cane — Australian engineers have developed a device that can help the blind and vision impaired navigate the world. The device uses lasers to help identify non protruding obstacles in a user's path.

IT ALL sounds a bit X-Men. Giving people extra powers and senses to control the world around them.

researchers at the University of Melbourne think they may have just done that with a new device they say could revolutionise daily life for blind and vision-impaired people.

[Read full story.](#)

‘Open Door Monday’

We offer expert one on one tuition every Monday morning covering;

- Talking book players.
- Talking recorders.
- Smartphones.
- Apple Macs.
- Windows PCs.
- Tablets.
- Smartwatches.
- Apps and Accessible software

The next apps club meeting will be held on Wednesday 27 March at the SITE offices.

Contact us on 0141 332 0983 or email

[fraserfleming@sitescotland.org](mailto:fraserfleming@sitescotland.org) for further information.

### Section 3: Events and Training

Every Monday - Open Door at SITE. 10:30-12:00 where we can help with your technology issues - call to book a place.

Monday 27 February OrCam demonstration

Monday 27 February 'Open Door Monday'

Monday 6 March 'Open Door Monday'

[Tuesday 7 March Laptop or Tablet Workshop?](#)

Monday 13 March 'Open Door Monday'

Monday 20 March 'Open Door Monday'

Tuesday 21 March Apple TV and Apple Watch Demonstration

Monday 27 March 'Open Door Monday'

Wednesday 29 March SITE Apps Club

25 April Sight Village Edinburgh

26 April Sight Village Glasgow

SITE is a Disabled Persons User-Led Organisation (DPULO)

SITE is a charity registered in Scotland. Charity No. SC 036056.

Registered address:

SITE, The Renfield Centre, 260 Bath Street, Glasgow G2 4JP

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